

Foreword

The knowledge of medicine is growing at a fast pace. It is very difficult for a student or a practicing physician to keep track of these changes and implement them into clinical practice. The Annual Conference of API during its CME Session tries to recapitulate this knowledge and present in both didactic lectures and in the form of a book. This is a difficult responsibility which has been entrusted to Dean, Dr Pritam Gupta this time. He has created a scintillating and useful session of CME along with '**Advances in Medicine**' book to be presented during the APICON 2015.

Dr. Pritam Gupta has proved up to the task which reflects that he is an astute clinician and a keen learner himself who has put in all efforts to put the advances in a format that it is easy to understand and implement in our practice. He along with his Editorial Team meticulously chose the topics starting from infections to laboratory diagnosis to changing concepts in the management of various non-communicable diseases. Dr Pritam Gupta and his team have been more than successful in defining the advances in medicine and presenting them in a manner that these are easily understood. These advances help the patient community by early diagnosis and effective management so that the period of morbidity is reduced significantly.

The book is well balanced and various organ systems of the body like diseases of the endocrine, cardiovascular, diabetes, pulmonary medicine, nephrology and gastroenterology have been fairly well represented and covered. The emerging infections find a place of pre-eminence. Certain diagnostic procedures have also been highlighted like PET-CT scan and nailfold capillaroscopy. The role of vitamin D which is not very clear in the minds of practicing doctors has been clarified in a separate chapter. All in all, the book covers the recent advances fairly well and in a very lucid manner. The book will be a useful companion for the doctors for years to come.

I would like to compliment Dr Pritam Gupta and his team members for doing such an exquisite work and compiling this book for us so that we can learn from in the luxury of our home. I wish that each doctor gets the advantages of this book which Dr. Pritam Gupta and his team have strived to achieve.

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