

Preface

Progress in Medicine contains the scientific proceedings of continuing medical education (CME) program of APICON-2015 held at Gurgaon during 19th Feb to 22nd Feb 2015. The theme of CME is "Harnessing Current Knowledge to Clinical Practice". It contains orations, update sessions, symposium and clinical approach to various diseases. A special session has been kept on "Meet the experts-Lipid management 2015". There are certain chapters like pharmacogenomics, environment and Health, Immunosenescence"-Emerging challenges to healthy aging, etc. which are new and had been discussed by learned and experienced teachers.

I wish this book will enrich and help in guiding the medical students, post graduates, clinicians, subspecialists and practicing physicians in managing the patients in a scientific manner and thereby improving the health care of society.

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