### Circular No. 1 / 2022

**78th Annual Conference (2023) of The Association of Physicians of India**

**Dates:** 26th to 29th January, 2023

**Organising Secretary - APICON 2023:** Dr. Banshi Saboo

Organising Secretary, APICON 2023,
1 & 2 - Gandhi Park, Nr. Nehrunagar Cross Road,
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**President-Elect & Chairman, Scientific Committee:** Dr. Girish Mathur

APICON 2023

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**Theme:** “Evolutions and Revolutions in Medicine”

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**Instructions to Contributors**

1. Abstract must be submitted online. (www.apicon2023.com)
2. In case of difficulty, contact us at drmathurapicon2023@gmail.com
3. Abstract must be typed single-space in English using at least 10 point size font and must fit inside the designated space and should not exceed 2000 characters.
4. The maximum characters permitted in the title are 100.
   Type body of the abstract in order of Introduction, Material, Observations and Conclusions.
5. Authors should be listed by initials and surname. Not more than 5 authors are to be included. Incase more than 5 authors are mentioned the first five will be taken.
6. Do not include title, names and institutions name in the body of the abstract.
7. Name of the presenting author should be in bold.
8. Tables and graphs can be included and will be considered as 600 characters each. Photographs/Images/other figures will not be accepted.
9. Please proof read the abstract carefully for factual and spelling errors. The spelling of names, the order of authors and institution name will appear in JAPI as submitted.
10. Standard abbreviations are acceptable. Uncommon abbreviations must be put in parenthesis and proceeded by the full word the first time it appears in the text.
11. The presenting author must be a registered delegate for the conference.
12. **Abstract must be submitted by 31st July 2022.**
Continuing Medical Education (CME) Programme

at 78th APICON – 2023 (26th to 29th January, 2023)

CME on 26th, January, 2023

will be organized by

Prof. Dr. Alaka Deshpande
MD, FRCP (lond), FIMSA, FICP

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Theme of the CME

“EVOLUTIONS AND REVOLUTIONS IN MEDICINE”

All members are requested to send their recent trial data/single center data, which might be considered for presentation during Late Breaking Trial Session at CME Program of APICON 2023, within 31st July 2022. Suggestions are invited from all Members of API for the scientific program of the CME at APICON 2023, Ahmedabad

Proposed Scientific Programme for APICON – 2023

Annual Conference of The Association of Physicians of India

Ahmedabad • 27th, 28th and 29th January, 2023

Theme : “EVOLUTIONS AND REVOLUTIONS IN MEDICINE”

Orations:
• Presidential Oration: Dr. Girish Mathur
• Netaji Oration
• Dr. P. J. Mehta Oration
• Dr. G. S. Sainani Oration
• Dr. V. Parameshwara Life Time Achievement Award
• Dr. Siddharth Shah Memorial Oration Award
• Prof Ratnaveolu Subramaniam Endowment Oration
• Sanofi Aventis Senior Lecturership in Diabetes
• Dr. Coelho Memorial Lecturership in experimental medicine
• API Novo Nordisk Lectureship

Award Sessions
1. Dr. D. P. Basu Young Award in Cardiology
2. E. Merck Award
3. Dr. J. N. Berry Memorial Award
4. Dr. M. J. Shah Memorial Award in Tropical Medicine

There will be three award sessions at the 2023 Annual Conference of API at Ahmedabad. The rules and regulations of these awards are as under:

1. Papers that are accepted for presentation in the Award Session at the Annual Conference will be divided subject-wise into four groups.
   - Group I: Cardiology: Dr. D.P. Basu Young Award
   - Group II: Chest Diseases: E. Merck Award
   - Group III: Other Specialties: Dr. J.N. Berry Award
   - Group IV: Tropical Medicine: Dr. M.J. Shah Award

The award of Dr. J.N. Berry Memorial Award and E. Merck Award are given in alternate years in Group II and III papers. At the 2023 Annual Conference Dr. J.N. Berry Award for Other Specialties will be awarded.

Dr. D.P. Basu Young Award will be for Cardiology and Dr. M.J. Shah Memorial Award for Tropical Medicine. Suggestions should be accompanied with eight copies of a brief Bio-data of the suggested name, so as to reach the API office not later than 31st July, 2022.

2. The decision will be taken by a panel of judges appointed by the Governing Body of API.

3. Eight copies of full manuscript will have to be submitted to Dr. Girish Mathur, Chairman, Scientific Committee of APICON 2023, by 31st July, 2022. One copy of the paper should be sent to Dr. Agam Vora, Hon. General Secretary of API at Mumbai. Turf Estate # 6 & 7, Off Dr. E. Moses Road, Opp. Shakti Mills Compound, Near Mahalaxmi Station (West), Mumbai 400 011.

4. The decision of the panel of judges will be final and binding to all concerned.

5. Free Papers Sessions (Oral Presentation) / Dr. M. Vishwanathan Poster Presentation: This is to announce that the participants applying for Dr. M. Vishwanathan Poster Presentation: Free papers session (Oral) will have to pay a fee of Rs 500 (Rupees Five Hundred Only) by Online payment only. No Demand Draft/ Cheque will be accepted.

6. The decision will be taken by a panel of judges appointed by the Governing Body of API.

7. The candidate must apply for the award and full papers will be presented in separate award session.

8. The decision of the panel of judges will be final and binding to all concerned.

TENTATIVE TOPICS FOR SCIENTIFIC PROGRAMME

Cardiology
• VPCs when to treat
• Atrial Fibrillation rate v/s rhythm strategy
• Invasive strategies for AF - focus on LAA closure & cryoablation
• Syncope - evaluation & management
• How to followup a patient with Hypertrophic Cardiomyopathy?
• Pre-surgical risk stratification in non cardiac surgery.
• ASCVD score - implications on clinical practice
• Am I at risk of heart attack - how to risk stratify to your patients satisfaction.
• CT angio v/s CT calcium scoring.
• LP(a) - re-emerging target for risk prevention
• Atherosclerosis v/s coronary thrombosis - 2 unique pathophysologies?
• To lyse or to refer - a physicians dilemma in acute MI
• Rheumatic fever - present geostatistics & update
• Prosthetic Heart Valve & pregnancy - management
• RHD - when to refer a patient for valve surgery
• Tricuspid Valve - the forgotten valve
Evaluation of a patient with cyanosis
- Role of triple rule out in the emergency ... the emergence of CT angiography
- Medical management of Peripheral Arterial Disease
- Update on DVT management
- CABG v/s multivessel stenting - the debate continues
- Do all Angiats need CAG? Do all blockages need opening?
- Debubbling devices for PCI optimisation.
- Optimising the medical management in Angina.
- Non-interventional optimisation of a heart failure patient
- Interventional options in heart failure
- Surgery for heart failure - focus on LVAD & transplant
- Pulmonary Arterial Hypertension: Current Concepts
- Anti-platelet therapy for Acute Coronary Syndrome
- Anti-platelet Therapy for Post - PCI Patients, Current Trends and Future Directions

Hypertension
- Evaluation of young HTN
- Pregnancy and HTN ... to treat 2 patients at a time
- Secondary Hypertension - evaluation
- Resistant Hypertension - management
- Drug therapy for HTN - the old & the new molecules
- How to refine and redefine the CV risk in patients with hypertension?
- Blood Pressure Measurements – Methods, Techniques and Current Relevance
- Blood Pressure Measurements – Methods, Techniques and Current

Endocrinology
- Endocrine Hypertension
- Iatrogenic Cushing’s Syndrome
- Interpretation of Thyroid Function Tests
- Acromegaly
- PGA (Polyglandular Autoimmune ) Syndromes
- Adipose Tissue as an Endocrine Organ
- Endocrinology of Erectile Dysfunction
- Prostatectomy
- Male Hypogonadism in Diabetes
- Hypervitaminosis D
- Suspecting and Managing an Adrenal patient
- Recent Advances in the Management of Pheochromocytoma
- Primary Hyperparathyroidism(PHPT) changing Scenario
- Application of molecular diagnostics in clinical Endocrinology
- Overview of Multiple Endocrine & Other Tumor Syndromes
- Lung involvement in Thyroid disorders
- Use and Abuse of Calcium
- Metabolic healthy obese vs Metabolic unhealthy lean, What is the missing key?
- Osteoporosis in old age. Is it compulsory?
- Anabolic Androgenic Steroid - Use & Abuse
- Let’s prevent Aging
- Obesity is treatable
- Euthyroid sick syndrome
- Hypothyroidism - Still confused?
- PCOD - Gyne vs Endo - Whose domain?
- Role of growth hormone after 18 years
- The chameleon - Pituitary even changing colours

Diabetes
- Alpha cell function in diabetes: It’s implication in management
- Utility of computer assisted technology in diabetes care
- Use of Insulin Pumps for 20 years: How beneficial have been proved
- Effect of SGLT2 inhibitors beyond HBA1C: Mechanisms & Amplitude
- Oral Meglitinide: Merits and demerits over injectables.
- What is new in management of Diabetic Retinopathy
- Novel methods for glucose monitoring.
- Comparison of HBA1C and TIR
- Non pharmacological management of diabetic neuropathy
- Diabetes and Pregnancy
- SGLT 2 Inhibitors and the Kidney
- Remission and reversal of Diabetes
- Alarming Signs of Diabetic Nephropathy
- Beta cell Preservation
- GLP 1 RA Versus SGLT 2 I in Cardio diabetic Patient
- Heart failure and Diabetess
- Diabetic Microvascular Complications
- Challenges and integrated management of type-1 diabetes in india
- Diabetes in the young: Challenges in India
- Serum Cystatin C Level Is Associated With Carotid Arterial Wall Elasticity in Subjects with Type 2 Diabetes Mellitus; A Potential Marker Of Early-Stage Atherosclerosis
- Molecular Basis of Asian Indian Phenotype
- Intricacies of diabetes management in women
- Periodontal disease and Diabetes
- Weight gain in diabetes mellitus on use of insulin.
- Insulin : initiation, intensification, barriers
- New insulins and devices
- Role of alpha-cells in diabetes
- Diabetes in elderly
- In hospital glycemic control: Have we achieved?
- How to achieve Euglycemia in diabetic pregnancy by Insulin Therapy: Indian experience
- Prediabetes – beyond the tip of the iceberg
- Targeting ectopic fat: therapeutic strategy for diabetes
- Severe insulin resistance syndromes: Clinical Perspective
- Cardiovascular in Diabetes Mellitus
- Does Diabetes contribute to the TB epidemic in India
- Anemia and diabetes
- Managing diabetes- moving from patient-centric approach to community-centric approach
- Diabetes, obesity and cancers: the interlink!
- Management of Gestational Diabetes

Infections as acute and chronic non vascular Diabetic complication
- Role of Gynecas Variability In Diabetic Microvascular Complications N Role of Gliptins
- Diabietis in Women - Is it Different?
- Clinical Relevance of Pharmacology of Type 2 Diabetes
- Individualised Treatment for Diabetes to Prevents Disease Progression
- Future Insulins, Technologies and Diabetes Outcomes
- Diabetes Ketoacidosis and Hyperglycemic Hyperosmolar State
- Hypoglycemia : Unawareness, Cognition and Long Term Consequences: Some New Insights
- Surgery and Diabetes – Current Concepts
- What Should After Metformin in Indian Diabetes Patients
- DPP4 Inhibitors in Type 2 Diabetes Mellitus : An Indian Perspective
- Oral Anti-Diabetic Drugs in Pregnancy and Lactation
- Are we following the challenges of double diabetes?
- Secondary Diabetes, how to treat and manage
- Diabetic Foot - Pledge to Prevent Amputation
- Hyperglycemia at pregnancy

Neurology
- Newer insights in management of PARKINSON’S Disease
- An algorithmic approach to ATAXIA
- Approach to an acute episode of positional vertigo
- How to choose a preventive treatment for migraine
- Emerging therapies in the management of cluster headache
- Prognostic significance of hypometabolism in TBM
- Autoimmune Stroke : Approach to diagnosis and management
- Treatment of GBS – What is new
- Management of Anticoagulant related Intracranial Hemorrhage
- New Antiplasie Therapies
- Cerebral Venous Sinus Thrombosis
- Evaluation and Management of Dementia
- Evolving Pattern and Outcome of Stroke
- Advances in Acute Stroke Management
- Headache – Symptom Analysis
- Periperal Neuropathy - Some Newer Concepts and Diagnostic Ways.
- Muscle Cramps

Confusion in Elderly patients

Rheumatology
- AIC of Rheumatological investigation
- Newer treatment strategies in RA
- Approach to PUD by a Rheumatologist
- Management of Axial Spondylo Arthritis
- Gastrointestinal vasculitis : An update
- Novel treatment approaches for Fibromyalgia
- Diagnostic Immunology – Basic to utility
- Improving clinical outcomes in SLE in 2022
- Safe therapeutics during pregnancy and lactation in rheumatoid arthritis
- How to sequence drugs in osteoporosis – Bisphosphonate | Teriparatide | Denosumab
- Chronic Fatigue Syndrome
- Early diagnosis of osteoarthritis: will it make a difference
- Emerging treatment strategies in GOUT
- Challenges in rheumatology in new Post COVID world
- A patient with RA and ILD – an approach

Nephrology
- Renal genetics - From concepts to clinical practice.
- Etiologies and management of chronic hyperkalemia.
- Community-acquired AKI
- The Kidney Heart Connection
- “HTN in Dialysis”
- OBSTETRIC - NEPHROLOGY
- CKD in the developing world
- timing of RRT
- Snake Bite and AKI
- Kidney Disorders in critically ill pts,
- Metabolic acidosis
- Management of Blood Pressure in Chronic Kidney Disease
- ideal fluid for critically ill patients with acute kidney injury
- Update on management of Lups Nephritis
- Principles of Drug Dose Modification in Renal Failure
- Rational Use of Diuretics and Pathophysiology of Edema
cGFR: What the Internist Should Know
- Approach to Hypokalemia
- Metabolic Acid Base Disorders
- Complicated Urinary Tract Infection
- Renal Transplantation: Newer Insights
- Current concepts of the nephritic syndrome
- Hypertension and the kidney
- Legal & Ethical issues in renal transplantation; Renal Disease in India
- Hyponatremia : Causes and Consequences

HIV
- Emergencies in HIV Medicine
- Current Guidelines for Antiretroviral Therapy
- HIV & TB - The “Deadly Duo”
- HIV Drug Resistance and Second Line of ART
- National ART Guidelines
- HIV and Hepatitis B Virus Co-infection : An Overview
- Rheumatological Manifestations of HIV.
- HIV - An Overview for the Internist
- Drug Resistance in HIV
- Interpretation of pathological and radiological investigations by primary care physician

Pulmonology & Tuberculosis
- Cough - good, bad or ugly
- Pleural effusions beyond tuberculosis
- Is spirometer required at your clinic ?
- COAD beyond the lungs
- United Airways diseases of rhinitis and asthma