





# API \* ICP \* PRF

NEWSLETTER
ISSUE 1

**JAN - MAR 2025** 

## **Message From President**

#### **Message From Dean**





THE API ICP PRF NEWSLETTER will focus on nationwide activities of the API throughout the year.

The association, with its academic wing ICP and research wing PRF is expanding with the formation of new city branches as well as state ICP PRF Wings.

The newsletter will focus the events held in state or city branches all over the country, give out important news or announcements. The short certificate courses and CMEs by ICP and PRF will be projected here.

API is working in collaboration with Royal College of Glasgow, European Society of Internal Medicine and International society of Internal Medicine and all neighboring countries through the Global Forum.

All this will be highlighted in the newsletter. It will also feature books or important publications.

I congratulate the newsletter team for doing a wonderful job . With best wishes







Through this newsletter, I welcome all API brothers and sisters across the country and extend my very best wishes to all of you. I also take this opportunity to congratulate Dr Jyotirmoy Pal, President, API for this initiative of starting the API, ICP, PRF Newsletter.

I am sure this newsletter will provide a perfect platform to showcase the activities of API and ICP, and will also help ICP fellows across the country to share their academic and educational activities. I am of the firm belief that this Newsletter will prove to be an excellent tool for the exchange of Ideas, knowledge and skill.

Achieving better healthcare one patient at a time

With best wishes



## **Message From Director**

## **Message From General Secretary**



Dear Friends, Greetings!

On behalf of PRF I would like to extend our warmest felicitations and appreciation to the entire team behind Medical Newsletter Your dedication to disseminating accurate, timely, and insightful medical information has been truly commendable. Your newsletter should become a trusted resource for medical professionals, researchers, and the general public alike. We appreciate the hard work, expertise, and passion that goes into creating each issue. I want the teams commitment for excellence to enhance not only our understanding of various medical topics but also should inspire to do meaningful Research activities.

As you continue to excel in your endeavors, we wish you all the best. May your newsletter remain a beacon of reliable medical information, and may your team continue to grow and thrive.

Please accept our sincerest appreciation and best wishes for all your future endeavors.





Dear API Members,

It is my proud privilege to present API Newsletter—a groundbreaking initiative, under the able leadership of President Dr Jyotirmoy Pal, that will serve as a vital platform for knowledge sharing, collaboration, and engagement among our members.

I would also like to express my sincere appreciation to our esteemed Newsletter Committee Members—Dr. Nandini Chatterjee, Dr. Rakesh Bhahade, Dr. Sangram Biradar, Dr. Sambhya Samjdar, Dr. Anupam Prakash, Dr. Ashutosh Chaturvedi, Dr. S.V. Kulkarni, Dr. Amit Das, and Dr. N.P. Singh—for their dedication and invaluable contributions in making this initiative a reality.

This newsletter will be the face and voice of API, serving as a communication bridge for all our members. Through it, we will showcase the remarkable activities undertaken by our State Chapters and City Branches, share important announcements, and keep you informed about the various initiatives at API Headquarters.

I am also pleased to announce the launch of the API Membership ID Card for all members. To facilitate this, I kindly request you to send your latest photograph and blood group details, along with your preferred communication address, to the API office email ID, with a CC to <a href="mailto:sanjayg051091@gmail.com">sanjayg051091@gmail.com</a>.

Additionally, we are rolling out a special discounted membership drive. I urge all of you to take advantage of this opportunity and encourage your colleagues and students to join API, strengthening our dynamic and ever-growing community.

Wishing this initiative great success and looking forward to your valuable feedback to further enhance our services.



# **API State Programs**

# World TB Day









# **World TB Day**



VKM PEARL CITY



Distribution of T-shirt on the occasion of World Tuberculosis Day among patients



## **World Health Day**





## **World Health Day**



Medical camp API West Bengal



Friendly football match API West Bengal



Healthy Beginnings, Hopeful Futures... Motivational Talk on World Health Day 7 April 25 by Dr. Sanjay Shah, Chairman **API Uttarakhand** 



World Health Day celebrations at the API West Bengal Chapter

## **State Events**





## **State Events**





Diabetes detection camp by Tezpur API city branch



109 angiography in 12 hours, Kalyani Gandhi Hospital, West Bengal, Under the leadership of Dr Chandan Mishra API member

## **State Events**



Prof Dr Jyotirmoy Pal, Honorable National President giving talk on "Vaccination in Diabetes" at Dibrugarh, Assam



New city Branch of Thanjavur API of Tamilnadu installed by me Today. Dr. M. Gunasekaran, Secretary of API TNSC



API Rewa felicitated the President, Prof. Dr. Jyotirmoy Pal



Ayodhya Medicine Update -Workshop on CPR

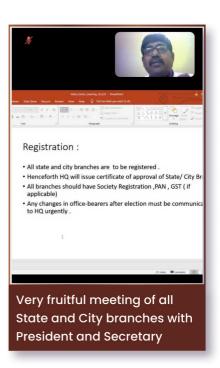


CME – Updates on Gastroenterology and Hepatology by Sikkim API

## Other Activities



This was drawn by Deepika 2nd year MBBS, MMC as part of organ donor drawing competition. See the thoughtfulness

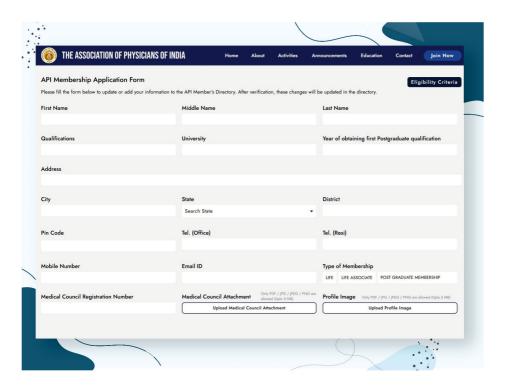


## What's New





## Discounted API Membership Form is now available online



## **Aims of PRF**

To increase awareness of research among students and physicians





To have research wing with each state API branch

Repeated workshop on GCP, research methodology, medical statistics





Invite research protocol from members - priority to be given on multicentric, cohort, epidemiological studies

Research on Tropical disease will be given importance





To Enhance research fund

CSR registration to be done





Award for PG students for research project

## **GCP Workshop**





## What is Short Certificate

These are Online courses with 8-10 modules started in 2022 under the Deanship of Dr Alaka Deshpande. Each module is to be accompanied by pre and post session questionnaire for evaluation. Certificate will be given to those who score 60% in these tests

## **Short Certificate Course**

#### ## Introducing the Short Certificate Course by Indian College of Physicians

The Indian College of Physicians (ICP) is pleased to announce the launch of a pioneering program - the Short Certificate Course. This initiative aims to bridge the gap in basic medical education for postgraduate doctors.

#### The Need for the Program

During my interactions with postgraduate students, I realized that despite their excellence in theoretical and practical studies, they often lacked a solid foundation in the basics of internal medicine. This is particularly true for students from new medical colleges, where resources and facilities may be limited.

#### **Program Highlights**

- Expert faculty: We have handpicked the best teachers in their fields to lead the program.
- Target audience: The course is designed for postgraduate doctors, resident physicians, and doctors working in rural areas.
- Comprehensive curriculum: The program covers seven chapters of internal medicine, with daily one-hour classes.
- Assessment and certification: Students can take an examination after completing nearly 20 classes, and successful candidates will receive a certificate from the Indian College of Physicians.

#### **Program Update**

The Short Certificate Course has been well-received, with over 1,200+ candidates currently enrolled. The program is gaining popularity, and we are committed to its continued success.

#### Conclusion

The Short Certificate Course is a significant step towards addressing the educational needs of postgraduate doctors. We are proud to offer this program and look forward to its positive impact on the medical community.

Best regards,

#### **Announcement of**



## **ICP CME**

## CME on Hyperbaric oxygen therapy



## **Indian College of Physicians**







**Inviting A Sunday Cme With Indian Defence Personnel of Our Association** CME on A TALK ON

HYPERBARIC OXYGEN THERAPY: AN EVIDENCE BASED MEDICINE



23rd March 2025, Sunday | 03:00 to 04:30 PM

#### Part - 1 (10 Minutes)

- (a) A brief Introduction to the topic by the professor, (Dr) Chandra Sekhar Mohanty where he will emphasize the role of HBOT in the era of evidence-based medicine.
- (b) Presentation of Caselets by Surg Lt Cdr (Dr) Subhranshu Kumar

Chairpersons: Dr. Agam Vora | Dr. Amit Kumar Das

### Part - 2 (10 Minutes)

Understanding HBOT - by Surg Cdr (Dr) Rohit Verma

(10 mins)

(3 mins)

(7 mins)

- (a) Current Definition of HBOT
- (b) Physics & Physiology of HBOT
- (C) Mechanism of action of HBOT

Chairpersons: Dr. G Narsimlu I Dr. D P SINGH

#### Part - 3 (20 Minutes)

Evidence-based Applications of HBOT by Prof. Dr. C S Mohanty

(20 mins)

- (a) Approved/Emerging Indications of HBOT (b) Patient Selection and Treatment Protocols
- (C) Research Directions/ clinical trials
- (D) Summary & Conclusion

Chairpersons: Dr. Raja Dhar | Dr. Saket Sharma

#### Part - 4 (10 Minutes)

Discussion - Q&A session

(10 mins)

## 1st ICP Conclave







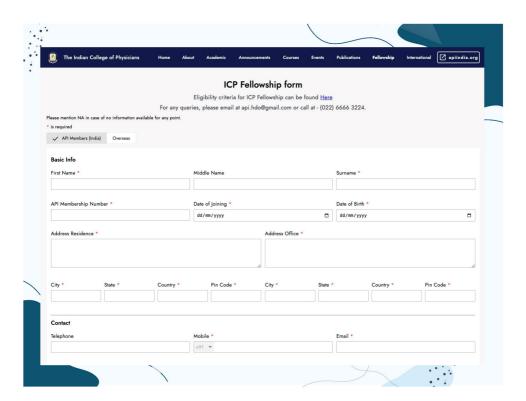
Dr B B Thakur, Dr K Tewary, Dr BK Singh convenor ICP Bihar, Dr Sanjoy Kumar, Sec ICP Bihar, Dr Devi Ram, Dr Amit K Das (Governing Body members, Dr R K Modi, Chairman Elect API Bihar were on Dias during Inauguration)

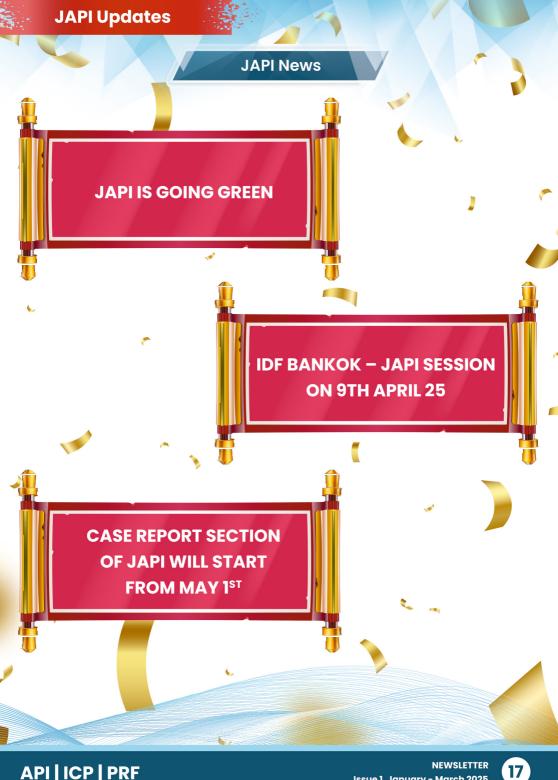
## What's New





## ICP Fellowship Form - Indian and Overseas Fellowship





## IDF 2025 Bangkok - JAPI Report Card

#### **Team Effort**

Success attributed to President Dr. Pal's support and "Team JAPI's efforts".

#### Commitment

The effort was underscored by the fact that it was a self-paid trip for the team, demonstrating dedication to the goal.

#### **Strong JAPI Endorsement**

- Speakers praised JAPI as a preferred publishing platform and the most-read journal in India.
- Prof. Dr. Banshi Saboo stated JAPI is the only journal he reads.
- Prof. Dr. V. Mohan highlighted JAPI's crucial role in disseminating Indian research nationwide.

# 01 02 03 04 05

#### **High Impact**

The event was deemed "very successful" and was "largely appreciated" by international attendees.

# Effective Moderation & Conduction

The session was noted for being masterfully conducted and featuring a very interactive panel discussion.

#### **Successful Global Outreach**

The session effectively positioned API and JAPI on an international stage, fulfilling a key objective..

## **Overall Assessment**

The JAPI session was a resounding success. It effectively achieved its objective of global outreach, featured high-caliber speakers, garnered significant positive feedback from a global audience, and strongly reinforced the value and readership of JAPI. The teamwork, leadership vision, and commitment of the API/JAPI team were clearly evident.

# Glimpses from JAPI Symposia at IDF 2025, Bangkok



President API, Dr Jyotirmoy Pal launching the JAPI Symposia



Editor-in-Chief of JAPI, Dr Mangesh Tiwaskar showcasing the illustrious History of JAPI and the latest developments



Hon Secretary Dr Agam Vora giving a Vote of Thanks.



Glimpses from the JAPI Symposia with latest in Diabetes Care from Emeritus Editor Prof Dr Shashank Joshi, Dr Banshi Saboo and others

- 1 RCPSG and API collaborated to have 4 Joint webinars
- Overseas fellowship online will be started shortly
- 3 API now regular member of ISIM
- Global forum website it is being launched and can be accessed through main website
- JAPI went international with JAPI Symposia at the International Diabetes Federation 2025, Bangkok



# PRESIDENT'S PLACE MEETING





**Prof. Dr. Nandini Chatterjee**and Team OneMD

